

Be sure to
follow us on
Instagram
@theheritagepatriots
to get information on
upcoming events!



WELCOME FUTURE PATRIOTS!



**WELCOME,
PRESENTATION OF
COLORS, &
NATIONAL ANTHEM**



JROTC





Heritage High School AFJROTC



Developing Citizens of Character



U.S. AIR FORCE

Aerospace Science

Leadership

Fitness

Dress

Confidence

Opportunities

Friendship / Fun

No Military Commitment

"Taking Flight"

AFJROTC

- Elective class
with year-round activities
- Nationally accredited curriculum
 - 1 of only 2 in Contra Costa Co
- 4 year rotating schedule
- Project-based hands-on learning
- Flight, Cyber, College Scholarships
- Community Service Opportunities

Join Our TEAM!!!
Heritage High School
Air Force JROTC



Teamwork - Leadership - Community Service - Fun

Did you know...

You can learn to Fly and Earn College Scholarships



Mission Statement

Develop citizens of character, dedicated to serving their nation and the community.

Core Values

Integrity First
Service Before Self
Excellence in All We Do

Leadership: In JROTC, Cadets will learn leadership skills that will help them be a more confident person with an opportunity to lead their own class.

Field Trips: In JROTC, offers unique military themed and aerospace science field trips to include: military bases, hikes, sports competitions, airshows, drill meets, volunteer events, and much more!!

Drill Team: Is a marching unit that performs routines during school functions and participates in competitions.



****Air Force JROTC is a regular class and you can join anytime of year.****

*****Students from Heritage, Liberty, and Freedom can enroll at any time.*****



Scan this QR Code for more information

Point of Contact Info:

Lt Col Morris or MSgt Pash

(925) 634-8037 x6610

monish@hhhsd.net or pashn@hhhsd.net

Heritage High School Rooms: N101 & N102

Just list "JROTC" on your course request



AFJROTC Benefits



Platform for success

- Life and work skills
- STEM Training
- Citizenship focus
- Early promotion IF students joins military



AFJROTC announces 2021 Flight Academy scholarship winners





morrisb@luhsd.net



BIRTH, ACHIEVEMENTS AND OBITUARIES MILESTONES

Have you or someone you know reached a "milestone"? If so, we'd like to know about it! Email your information to editor@freemountainpress.com.



Heritage High AFJROTC teacher wins recognition

Heritage High AFJROTC teacher wins recognition

Maureen Ferguson (AFJROTC Teacher, the Heritage High School's AFJROTC program) was named the 2014 AFJROTC Teacher of the Year by the AFJROTC Association.

Ferguson's teaching methods, combined with her passion for teaching values such as leadership, discipline, and teamwork, have significantly impacted her students' lives. Through her guidance and mentorship, she has inspired her students to set goals and work hard to achieve them.

Ferguson's dedication to her students and her commitment to providing them with a high-quality AFJROTC experience have earned her this prestigious honor.

The AFJROTC program is a proud member of the AFJROTC Association, which promotes leadership, discipline, and teamwork through its various programs.

Ferguson's dedication to her students and her commitment to providing them with a high-quality AFJROTC experience have earned her this prestigious honor.

For more information, contact the AFJROTC program at Heritage High School or visit www.afjrotc.org.

"Taking Flight"



morrisb@luhsd.net



EASTCOUNTYTODAY.NET

Four Liberty Union High School District Students Earn Air Force Scholarships

"Taking Flight"

END OF YEAR MONTAGE
PRODUCED AND EDITED BY THE ROP
ADVANCED VIDEO PRODUCTIONS
ROP SPORTS BROADCASTING, AND
HHS VIDEO PRODUCTIONS CLUB
STUDENTS





PERFORMANCE BY HHS DANCE TEAM (JV AND VARSITY)



ASB PRESIDENT SAMANTHA CHAO



HHS PARENT CLUB



SLC-B

Campos

SLC-A1

Morgan

SLC-D

Muñoz

SLC-A2

Tioseco

SLC-C

Roman



HHS COUNSELORS & COURSE SELECTION

Middle School Visits

*power point presentation will be available on the M.S websites

Adams

Thursday
Jan 25th



Edna Hill

Monday
Jan 29th



Bristow

Tuesday
Jan 30th



Course Request Form



Reminders

- Course Information is available on the HHS website
 - click on the **Academic tab**
 - View **Course Catalog** for course descriptions
 - Select courses from the **9th grade Course Offerings** only
- Turn in completed packet to your Middle School
 - Deadline is **February 9th**
- Alternate Electives** are important-Select 4

What Math course does my student enroll in?

8 th Grade	9 th Grade
Math 8	Algebra 1
Algebra 1	Algebra 1 or Teacher recommendation
Geometry or higher	Teacher recommendation

Heritage High School
2024-2025 Freshmen

Course Request Form

****Due February 9, 2024****

Office Use Only:

SLC	Counselor

Student Name: _____ Last Name _____ First Name _____ MI _____

Last School: _____

Parent Phone: _____ Parent Email: _____

DOB: ____/____/____

Check if participating in:

☐ ELD ☐ IEP/Sped ☐ 504 ☐ Other: _____

Do you have a sibling at Heritage? Yes ____ No ____

Sibling's Name _____ SLC _____

Sibling's Name _____ SLC _____

Sibling's Name _____ SLC _____

PLEASE READ ALL DIRECTIONS:

Course 1-3: Required

Course 4: You may choose which Math you would like, however it may change due to placement data or teacher recommendation

Course 5: Choose a SEMESTER class to pair with Health

Course 6: Study Hall is HIGHLY recommended but you may choose another elective

Course 7-8: Choose your top 2 elective choices, IF you choose a band class please include the desired instrument

Alternates 1-4: Choose 4 backup classes in case all other electives are full

If you are choosing a SEMESTER class, make sure to pair it with another SEMESTER class to fill the year

(These are requests only; request does not guarantee any course, specific day, period or order of classes)

Required Courses:			Total credits required for high school graduation: 270	
COURSE REQUEST FORM	Semester 1		Semester 2	
	Course #	Course Name	Course #	Course Name
	1	3030 English 9		
	2	5750 PE 9		
	3	5020 The Living Earth (Life Science)		
4	4630/4563 P- Algebra 1 plus Algebra Support (2 separate year-long classes) 4630 P- Algebra 1 4670 P- Geometry Other _____	Math Request subject to teacher recommendation and placement data.		
5	2700 Health	Add Sem Class →		
Electives:				
Semester 1		Semester 2		
Course #	Course Name	Course #	Course Name	or Instrument Played for Band
6	7685 Study Hall-Year Long <i>Highly Recommended</i> or _____			
7				
8				
Alternates: Write in 4. If 4 alternates are not listed, you will be placed in classes where room is available				
1				
2				
3				
4				

APPROVAL: By signing below, you agree to remain enrolled in the above requests for the duration of the course

Student Signature

Parent Signature

Date

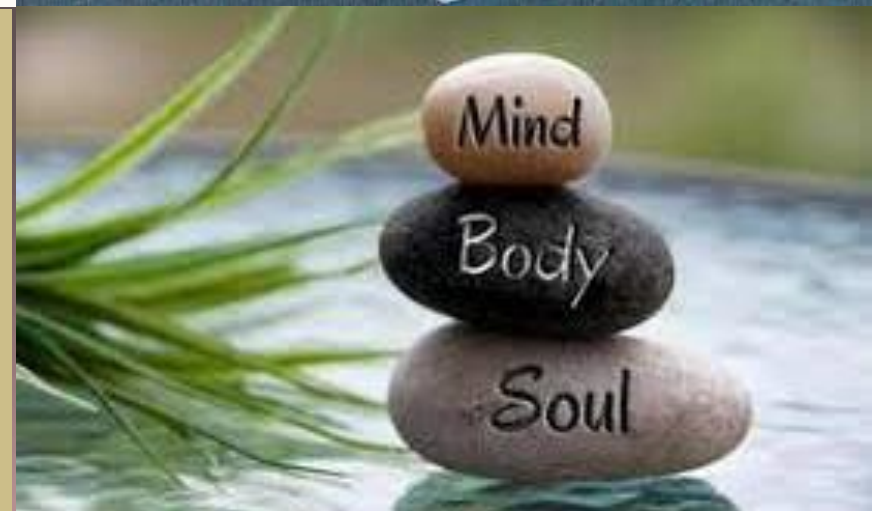
Counselor Corner

- Graduation Requirements
- College A-G Subject Requirements
- 9th Grade Action Plan
- Organizational Tools
- Study Strategies
- Sample 9th Grade Course Form
- Copy of 9th Course Offerings
- Reminders





ZEN DEN



COLLEGE AND CAREER CENTER



COLLEGE & CAREER CENTER

- Guest Speakers
- Scholarships
- Financial Aid (FAFSA)
- SAT/ACT Information & Fee Waivers
- Workshops (College Application & Financial Aid)
- Big Future, CA Career Zone, Eureka (Career Assessments, College Major/Program Exploration, College Search)
- Work Permits



Michael Gomar
gomarm@luhsd.net
(925) 634-0037 ext. 6097

ATHLETICS



HERITAGE HIGH SCHOOL PATRIOTS ATHLETICS

FALL SPORTS

FOOTBALL, GIRLS FLAG FOOTBALL, GIRLS TENNIS,
GIRLS GOLF, GIRLS VOLLEYBALL, CROSS COUNTRY,
WATER POLO, ESPORTS

WINTER SPORTS

BASKETBALL, SOCCER, WRESTLING

SPRING SPORTS

BASEBALL, SOFTBALL, SWIMMING, TRACK, BOYS GOLF,
BOYS TENNIS, BOYS VOLLEYBALL, GIRLS STUNT CHEER,
ESPORTS

CLUB SPORTS

DANCE, RALLY SQUAD,
RUGBY, HIP HOP DANCE

WWW.LUHSD.NET/HHSATHLETICS

FOR MORE INFORMATION CONTACT

ATHLETIC DIRECTOR
NATE SMITH
SMITHN@LUHSD.NET

FOLLOW OUR SOCIAL MEDIA
TWITTER @HERITAGEPATS
INSTAGRAM
@HERITAGE_ATHLETICS



THE ATHLETIC CULTURE

THE HERITAGE ATHLETIC PROGRAM EXISTS AS AN ESSENTIAL EXTENSION OF THE SCHOOL CULTURE

IT CAN BE SUMMED UP AS A CULTURE OF SUCCESS

IN THE CLASSROOM, WE LEARN TODAY TO EXCEL TOMORROW

IN THE ATHLETIC ARENA, WE PREPARE TODAY TO SUCCEED TOMORROW



HERITAGE PATRIOTS ATHLETICS

#GOPATRIOTS

**THANK YOU FOR
COMING
AND WELCOME
TO HERITAGE!**

**Hungry? There is pizza
in front of the MU!**



BE SURE TO VISIT THE TABLES FOR INFORMATION ON 9TH GRADE ELECTIVES

- Counseling
- College and Career Center
- Theater/Rising Stars
- Vocal Music & Ukelele
- Music as Literature
- French
- African American Mentoring Program
- MS Office
- Band
- Computer Programming and Robotics
- Band Boosters
- Speech and Debate
- Athletics/Football
- Cheer, Dance, Stunt teams
- Unified Sports
- Leadership, ASB, PLUS, TUPE
- Flag Football
- Link Crew
- Yearbook, Journalism, and Mass Media
- Career Academies
- JROTC
- HHS Parents Club

CAMPUS TOURS AVAILABLE